



Xcel Bronze, Silver, Gold State Championships

April 10-12, 2026

Alachua County Sports & Events Center, 4870 Celebration Pointe Ave., Gainesville

Team Twisters & USA Competitions is proud to host the 2026 Florida USA Gymnastics Xcel Bronze, Silver & Gold State Championships. Please review the following items enclosed in this packet:

- **Club and General Information**
- **Competition Schedule**
- **Xcel Gold Age Group Breakdowns & Session Assignments**
- **Coaches Important Information, Host Hotel & Spectator Information**
- **Regional Entry Information**

ATTENTION COACHES!

Gym Rosters will be posted online.

- **Check your team rosters for the correct spelling of your athletes' names and their session assignments!**
- Email corrections ASAP to info@usacompetitions.com
- **Make sure athlete birth dates are correct in Meet Reservations!** Should an athlete compete in a session other than the one designated by her birthday, they will be ineligible for awards and the scores may not contribute to the team total.
- Xcel Bronze and Silver will compete youngest to oldest. Xcel Gold competes by draw.

USA Gymnastics Membership

- Coaches: If you did not register attendance via Meet Reservations, you will not be listed on the sanction's official sign-in sheet. In that case, have proof of professional membership available for verification.
- All coaches will be required to sign the USA Gymnastics Coaches Sign In sheet.
- Competing athletes and USA Pro members only allowed on the competition floor!

Coaches Attire: At State Meets and above, the following dress code will be in place (*USAG dress code rules*)

- Shoes—Closed toe athletic shoes
- Shorts—Athletic or tailored shorts with a 7" inseam. Athletic or Docker style pants acceptable. No jeans.
- Shirts—Collared or business casual with a gym logo. NO spaghetti straps, low cut tops or midriff revealing shirts
- Hats—No hats or visors are allowed to be worn
- Coaches who violate rules will be requested to leave the competition floor

Awards Ceremonies: Individual and All Around awards will take place immediately following the end of each session.

- Each session represents six different awards groups.
- Award groups are divided equally by birth dates. 50% + 1 awarded for Individual and 100% All Around.

Team Awards: Take place following the final session for each level.

- **Team Divisions will be announced on Monday, March 30, 2026**
- Top five teams in each division will be awarded banners

Spectator Admissions: Adults (13+): \$26.00, Children (5-12): \$16.00. *Under 5 free.* Cash Price is \$1.00 less.

Coaches hospitality: Lunch and dinner provided to coaches with back-to-back sessions during meal times. Please bring a re-usable bottle for water. No outside food or beverage can be brought into the venue.

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you and your athletes the very best Championship experience!

Shane Cummings
Meet Director
Info@usacompetitions.com

Sharyn Strickland
Director of Operations
Sharyn@usacompetitions.com

Taylor Aucoin
Asst. Event Coordinator



2026 Xcel Bronze, Silver, Gold State Championship Schedule

Friday, April 10, 2026

RED GYM
XCEL BRONZE

WHITE GYM
XCEL SILVER

BLUE GYM
XCEL GOLD

**NO BRONZE COMPETITION
ON FRIDAY**

Session W01 **SILVER**
8:00 AM *1/17/2018 & Younger*

Session B01 **GOLD**
8:00 AM *Gr: 1,24,37,38,57,64*

Session W02 **SILVER**
11:00 AM *6/4/2017 - 1/16/2018*

Session B02 **GOLD**
11:30 AM *Gr: 12,16,40,43,46,63*

Session W03 **SILVER**
1:45 PM *11/19/2016 - 6/3/2017*

Session B03 **GOLD**
2:45 PM *Gr: 3,14,31,39,47,54*

Session W04 **SILVER**
4:45 PM *7/6/2016 - 11/18/2016*

Session B04 **GOLD**
6:00 PM *Gr: 10,25,28,52,60,62*

Saturday, April 11, 2026

RED GYM
XCEL BRONZE

WHITE GYM
XCEL SILVER

BLUE GYM
XCEL GOLD

Session R01 **BRONZE**
8:00 AM *12/19/2018 & Younger*

Session W05 **SILVER**
8:30 AM *3/1/2016 - 7/5/2016*

Session B05 **GOLD**
8:00 AM *Gr: 15,21,23,30,48,65*

Session R02 **BRONZE**
10:30 AM *5/16/2018 - 12/18/2018*

Session W06 **SILVER**
11:30 AM *9/24/2015 - 2/29/2016*

Session B06 **GOLD**
11:30 AM *Gr: 2,6,8,17,27,53*

Session R03 **BRONZE**
1:00 PM *10/17/2017 - 5/15/2018*

Session W07 **SILVER**
2:15 PM *5/27/2015 - 9/23/2015*

Session B07 **GOLD**
2:45 PM *Gr: 19,26,33,49,51,59*

Session R04 **BRONZE**
3:15 PM *5/12/2017 - 10/16/2017*

Session W08 **SILVER**
5:15 PM *12/27/2014 - 5/26/2015*

Session B08 **GOLD**
6:00 PM *Gr: 9,29,32,35,36,45*

Session R05 **BRONZE**
5:45 PM *1/17/2017 - 5/11/2017*

Sunday, April 12, 2026

RED GYM
XCEL BRONZE

WHITE GYM
XCEL SILVER

BLUE GYM
XCEL GOLD

Session R06 **BRONZE**
8:00 AM *6/6/2016 - 1/16/2017*

Session W09 **SILVER**
8:30 AM *6/6/2014 - 12/26/2014*

Session B09 **GOLD**
8:00 AM *Gr: 5,13,18,22,55,61*

Session R07 **BRONZE**
10:30 AM *10/25/2015 - 6/5/2016*

Session W10 **SILVER**
11:30 AM *8/14/2013 - 6/5/2014*

Session B10 **GOLD**
11:30 AM *Gr: 7,20,41,44,50,66*

Session R08 **BRONZE**
1:00 PM *12/23/2014 - 10/24/2015*

Session W11 **SILVER**
2:15 PM *8/13/2013 & Older*

Session B11 **GOLD**
2:45 PM *Gr: 4,11,34,42,56,58*

Session R09 **BRONZE**
3:15 PM *12/22/2014 & Older*

Session assignments are listed on club rosters, posted at usacompetitions.com

*****If there is an incorrect session assignment listed on your roster, email info@usacompetitions.com ASAP*****

Age Group Birth Date Divisions				Session draw
<i>(group 1, youngest)</i>				
Group 1	9/30/2017	—	Younger	B1
Group 2	6/17/2017	—	9/29/2017	B6
Group 3	3/24/2017	—	6/16/2017	B3
Group 4	12/29/2016	—	3/23/2017	B11
Group 5	10/25/2016	—	12/28/2016	B9
Group 6	9/9/2016	—	10/24/2016	B6
Group 7	8/1/2016	—	9/8/2016	B10
Group 8	6/2/2016	—	7/31/2016	B6
Group 9	4/26/2016	—	6/1/2016	B8
Group 10	3/16/2016	—	4/25/2016	B4
Group 11	2/13/2016	—	3/15/2016	B11
Group 12	1/20/2016	—	2/12/2016	B2
Group 13	12/28/2015	—	1/19/2016	B9
Group 14	11/25/2015	—	12/27/2015	B3
Group 15	10/27/2015	—	11/24/2015	B5
Group 16	10/8/2015	—	10/26/2015	B2
Group 17	9/8/2015	—	10/7/2015	B6
Group 18	8/13/2015	—	9/7/2015	B9
Group 19	7/28/2015	—	8/12/2015	B7
Group 20	7/5/2015	—	7/27/2015	B10
Group 21	6/16/2015	—	7/4/2015	B5
Group 22	5/10/2015	—	6/15/2015	B9
Group 23	4/7/2015	—	5/9/2015	B5
Group 24	3/20/2015	—	4/6/2015	B1
Group 25	2/25/2015	—	3/19/2015	B4
Group 26	2/10/2015	—	2/24/2015	B7
Group 27	1/21/2015	—	2/9/2015	B6
Group 28	1/7/2015	—	1/20/2015	B4
Group 29	12/7/2014	—	1/6/2015	B8
Group 30	11/7/2014	—	12/6/2014	B5
Group 31	10/17/2014	—	11/6/2014	B3
Group 32	9/30/2014	—	10/16/2014	B8
Group 33	9/3/2014	—	9/29/2014	B7

Age Group Birth Date Divisions				Session draw
<i>(group 1, youngest)</i>				
Group 34	8/6/2014	—	9/2/2014	B11
Group 35	7/15/2014	—	8/5/2014	B8
Group 36	6/6/2014	—	7/14/2014	B8
Group 37	5/4/2014	—	6/5/2014	B1
Group 38	4/1/2014	—	5/3/2014	B1
Group 39	3/13/2014	—	3/31/2014	B3
Group 40	2/23/2014	—	3/12/2014	B2
Group 41	1/21/2014	—	2/22/2014	B10
Group 42	12/12/2013	—	1/20/2014	B11
Group 43	11/23/2013	—	12/11/2013	B2
Group 44	11/4/2013	—	11/22/2013	B10
Group 45	10/8/2013	—	11/3/2013	B8
Group 46	9/11/2013	—	10/7/2013	B2
Group 47	8/17/2013	—	9/10/2013	B3
Group 48	7/26/2013	—	8/16/2013	B5
Group 49	6/25/2013	—	7/25/2013	B7
Group 50	5/25/2013	—	6/24/2013	B10
Group 51	4/18/2013	—	5/24/2013	B7
Group 52	3/13/2013	—	4/17/2013	B4
Group 53	2/12/2013	—	3/12/2013	B6
Group 54	1/1/2013	—	2/11/2013	B3
Group 55	11/18/2012	—	12/31/2012	B9
Group 56	10/5/2012	—	11/17/2012	B11
Group 57	9/18/2012	—	10/4/2012	B1
Group 58	7/30/2012	—	9/17/2012	B11
Group 59	6/28/2012	—	7/29/2012	B7
Group 60	4/16/2012	—	6/27/2012	B4
Group 61	1/26/2012	—	4/15/2012	B9
Group 62	11/15/2011	—	1/25/2012	B4
Group 63	9/12/2011	—	11/14/2011	B2
Group 64	4/5/2011	—	9/11/2011	B1
Group 65	8/27/2010	—	4/4/2011	B5
Group 66	8/26/2010	—	Older	B10

Please verify athlete's correct session assignment on your club roster!



For event info and results, visit us on the web
USACompetitions.com

COACHES INFORMATION—IMPORTANT!



Coaches Sign In: Please sign the official USA Gymnastics Coaches Sign-In sheet, located at the check-in table in the lobby. If your name is not pre-printed on the sheet, sign the blank sheet and present proof of membership for verification (QR code).

Master Rotation Sheet: Each floor music table will have a “Master” Rotation Sheet taped to it prior to each session. ***Please highlight your TEAM NAME at the top of the rotation sheet to indicate you are here.***

Scratches: ***If you have scratches, please use a PEN to CROSS OUT the athlete’s name on the Master Rotation Sheet.*** If you have any event scratches, please communicate that to the judges. If you have any questions, please ask the Floor Manager before doing anything.

Format: After General Stretch all athletes will have a formal march-in on the floor exercise. Following introductions, Flight A will begin warming up their first event. Once Flight A starts competition, Flight B can begin warming up on their first event.

Rotations: We will be announcing all rotations. Please remain at your event until you hear the rotation announcement.

Hospitality: Coffee and tea provided. Bring refillable bottle for water. No outside food or beverage can be brought into the hall.

Floor Music: Please turn in your floor music during general stretch. Make sure to retrieve your device!

XCEL GOLD REGIONALS

GOLD Athletes will qualify to the Regional Championship meet in Savannah, GA on May 1-3, 2026 from the State meet by AA score regardless of age group.

GOLD QUALIFIERS MUST ENTER THE REGIONAL MEET BY 12PM ON MONDAY, APRIL 13TH - NO LATE ENTRIES WILL BE ACCEPTED!

Silver and Bronze are not eligible to attend the Regional meet.



For event info and results, visit us on the web

USACompetitions.com

Venue

Alachua County Sports & Events Center

4870 Celebration Pointe Ave
Gainesville, FL 32608

Click Here For All Host Hotels

(scroll down on website)

Pre-Purchase a Good Luck Shoutout for \$6!

Pre-purchase will only be available until 5PM on Monday, April 6th.

After April 6th, good luck shoutout sales will be available on site at the admissions area.



For event info and results, visit us on the web
USACompetitions.com

Spectator Admissions

Credit Card Price

\$26 / Adult (13 + up)
\$16 / Child (5-12)
(under 5 yrs. free)

Cash Price

\$25 / Adult (13 + up)
\$15 / Child (5-12)

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