



March 14-16, 2025

Coral Springs Gym, 2501 Coral Springs Dr., Coral Springs, FL 33065

Welcome! USA Competitions is proud to host the annual Florida Crown Championship Invitational. **Please share this information with all attending coaches.** The following items are included:

1. General Event Information
2. Competition Schedule
3. Event Venue & Host Hotel Info

Rosters

- Posted on the [FL Crown](#) website (alphabetically) and updated weekly.
- **Coaches, check that all athlete information is correct on your roster and session assignments listed on the roster agree with session information listed in this packet.**
- If a discrepancy is noticed, email info@usacompetitions.com immediately (*errors can easily be corrected*).
- Your club roster will always be considered the official session assignment document.

Athlete & Coach Registration

- Athletes check in and receive a gift at the registration desk prior to entering the competition arena.
- **Sessions can begin up to 30 minutes early (except 8:00am session). Arrive a minimum of 30 minutes prior to stretch!**
- Coaches must sign the official USA Gymnastics sign in sheet, inside the gym.
- Coaches not in Meet Reservations and without verifiable Pro member status will pay admission and be allowed in the spectator areas only.

Rotation Sheets will be posted at rotationsheets.com the week before the event. Parents & spectators, take a screenshot of the rotation sheet with your phone. A rotation sheet will be available for coaches to take a snapshot at the floor music table each session.

Coaches Meeting

- A coaches information sheet will be emailed to clubs prior to the event. Please share with ALL attending coaches.
- No on-site coaches meeting. Coaches are to notify the Floor Manager of scratches at the beginning of each session.
- **Athlete cards will be distributed. Coaches choose competitive order. Submit cards to judges in order at each event.**
- After the competition, athletes can record scores on their cards as a memento of their meet (use marker).

Awards Ceremonies— for individual and team take place immediately following the end of every session.

- Athletes are divided by birth dates into multiple small awards groups each session.
- Individual (50% + 1) and All Around (100%) awarded.
- Team awarded each session. Top three scores on each event count toward team total.

Hospitality— Coaches will be provided with complimentary meals at posted times.

Spectator Admissions— Cash price: Adults (12 +) \$20.00. Senior/Active military (I.D.) \$15.00. Children \$10.00 (under 4 yrs free). *Length of Event:* \$30/\$25/\$15. **Credit card price:** Adults (12 +) \$23.00. Senior/Active military (I.D.) \$18.00. Children \$13.00 (under 4 yrs free). *Length of Event:* \$33/\$28/\$18.

The temperature inside the venue is chilly and beyond our control. Please come prepared.

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you a fun and exciting competition experience!

Sincerely,

Shane Cummings
Meet Director
info@usacompetitions.com

Sharyn Strickland
Director of Operations
877-341-9007

Taylor Aucoin
Asst. Event Coordinator

Gary Anderson
Floor Manager



Florida Crown Championship Schedule

Friday, March 14, 2025

Session FR1 XCEL BRONZE Stretch/warmup: 8:00am	Session FR2 XCEL SILVER Stretch/warmup: 10:30am	Session FR3 LEVELS 4/7 Stretch/warmup: 1:00pm	
<p>360 Gymnastics FL EVO Gymnastics FGTC Gravity Gymnastics</p>	<p>360 Gymnastics FL EVO Gymnastics FGTC Gravity Gymnastics Nova Gymnastics FL ZGA</p>	<p><u>Level 4</u> Gym World Naples Palm Beach Gym Rock Solid Athletics</p>	<p><u>Level 7</u> Balance 180 Christi's Gymnastics FGTC Flip Zone SWFL Gym World Naples Legacy Gym Center Maximum Velocity Nova Gymnastics FL Palm Beach Gym Team Twisters Tumblebees Jupiter UGA PSL Victory Elite</p>

Session FR4 LEVEL 6 Stretch/warmup: 4:00pm	Session FR5 LEVELS 6/8/9/10/XD/XSA Stretch/warmup: 7:00pm		
<p>360 Gymnastics FL Balance 180 EVO Gymnastics Gym World Naples Legacy Gym Center Maximum Velocity Nova Gymnastics FL Team Twisters Victory Elite</p>	<p><u>Level 6</u> Christi's Gymnastics FGTC Flip Zone SWFL Intensity Gymnastics Palm Beach Gym Tumblebees Jupiter UGA PSL ZGA</p> <p><u>Level 10</u> Nova Gymnastics FL Palm Beach Gym</p>	<p><u>Level 8</u> 360 Gymnastics EVO Gymnastics FGTC Flip Zone SWFL Gym World Naples Rock Solid Athletics UGA PSL</p> <p><u>XCEL DIAMOND</u> Christi's Gymnastics FGTC TNT Gymnastics WGV Gymnastics</p>	<p><u>Level 9</u> Christi's Gymnastics Nova Gymnastics FL Rock Solid Athletics</p> <p><u>XCEL SAPPHIRE</u> WGV Gymnastics</p>

Clubs in PINK are competing for Individual & Team awards

Clubs in black are competing for Individual awards only

Questions? Email us ASAP at info@usacompetitions.com



Florida Crown Championship Schedule

Saturday, March 15, 2025

Session SA1 XCEL BRONZE Stretch/warmup: 8:00am	Session SA2 XCEL SILVER Stretch/warmup: 10:15am
EGA FL Gym Like This Intensity Gymnastics *Team Twisters (24) Tumblebees Jupiter	*Flip Zone SWFL (16) Gym World Naples Intensity Gymnastics Team Twisters WGV Gymnastics

Session SA3 XCEL SILVER Stretch/warmup: 1:00pm	Session SA4 XCEL GOLD Stretch/warmup: 3:30pm	Session SA5 XCEL PLATINUM Stretch/warmup: 7:00pm
Christi's Gymnastics EGA FL *Flip Zone SWFL (16) Gymnastics USA Sunny Gymnastics TNT Gymnastics	360 Gymnastics EVO Gymnastics Flip Zone SWFL Gymnastics USA Legacy Gym Center TNT Gymnastics Tumblebees Jupiter WGV Gymnastics	Christi's Gymnastics EGA FL Flip Zone SWFL Gravity Gymnastics Gymnastics USA Intensity Gymnastics Legacy Gym Center Nova Gymnastics FL Rock Solid Athletics Sunny Gymnastics TNT Gymnastics Tumblebees C. Gables Tumblebees Jupiter UGA PSL WGV Gymnastics ZGA

Teams with athletes of the same level that are split into multiple sessions

Your designated number of athlete spots per session is indicated in ()

Email info@usacompetitions.com with your choice of specific athlete names for each session

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Florida Crown Championship Schedule

Sunday, March 16, 2025

<u>Session SU1</u> XCEL BRONZE Stretch/warmup: 8:00am	<u>Session SU2</u> LEVELS 1/2/XB Stretch/warmup: 10:15am	<u>Session SU3</u> LEVELS 3/XS Stretch/warmup: 1:00pm
Gymnastics USA Nova Gymnastics FL *Team Twisters (21) Tumblebees C. Gables	<u>Level 1</u> Palm Beach Gym Victory Elite	<u>Level 3</u> Gym Like This Gym World Naples Palm Beach Gym Rock Solid Athletics Victory Elite
	<u>Level 2</u> Gym Like This Gym World Naples Palm Beach Gym Pulso Gimnasia Rock Solid Athletics	
	<u>XCEL BRONZE</u> Christi's Gymnastics Sunny Gymnastics UGA PSL	<u>XCEL SILVER</u> Balance 180 Gym Like This Gymnastics Du Sol Park Avenue Tumblebees C. Gables UGA PSL Victory Elite

<u>Session SU4</u> XCEL GOLD Stretch/warmup: 3:30pm	<u>Session SU5</u> XCEL GOLD Stretch/warmup: 6:45pm
Christi's Gymnastics Gymnastics Du Sol *Intensity Gymnastics (4) Nova Gymnastics FL Sunny Gymnastics *Team Twisters (21) Tumblebees C. Gables UGA PSL Victory Elite	Balance 180 EGA FL Gravity Gymnastics *Intensity Gymnastics (5) Park Avenue *Team Twisters (21) ZGA

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Meet Site: Coral Springs Gymnasium, 2501 Coral Springs Drive, Coral Springs, FL 33065
 Ph: 954.345.2201 or 954.345.2107

Parking is complimentary

The temperature inside the venue is chilly and beyond our control. Please come prepared

Group Hotel: Fort Lauderdale Marriott Coral Springs

Group Rate: \$189.00 + tax

Distance from Venue: 5 miles

Parking: Complimentary

Reservation Deadline: February 19, 2025

[Reservations Link](#)

ADMISSION		
DAILY RATE	CASH	CREDIT
Adult (12+)	\$20	\$23
Senior & Active Military (I.D.)	\$15	\$18
Child (4-11)	\$10	\$13
<i>Children Under 4 yrs. Free</i>		
LENGTH OF EVENT	CASH	CREDIT
Adult (12+)	\$30	\$33
Senior & Active Military (I.D.)	\$25	\$28
Child (4-11)	\$15	\$18



For complete meet results, visit us on the web
USACompetitions.com

Many thanks to our sponsors



Thank you to Visit Lauderdale for sponsoring this event! Head to the [Visit Lauderdale website](#) to learn about all things Greater Fort Lauderdale. Don't forget to tag #VisitLauderdale in your pictures from the competition or from around town!