



February 1-2, 2025

Hello! USA Competitions is proud to host the 2025 Sun & Surf Spectacular at the **Coral Springs Gymnasium, 2501 Coral Springs Drive, Coral Springs, FL 33065.**

Please share this information with all attending coaches. The following items are enclosed:

1. General Event Information
2. Competition Schedule & Team Entries
3. Event Venue, Directions and Host Hotel

Rosters

- Rosters will be posted online [HERE](#). They will be updated weekly to reflect any changes.
- **Coaches, please check that all athlete information is correct on your roster and session assignments listed on the roster agree with session information listed in this packet.**
- If a discrepancy is noticed, email info@usacompetitions.com immediately (*errors can easily be corrected*).
- Your club roster will always be considered the official session assignment document.

Athlete & Coach Registration

- Athletes check in and receive a gift at the registration desk prior to entering the competition arena.
- **Sessions can begin up to 30 minutes early (except 8:00am session). Arrive a minimum of 30 minutes prior to stretch!**
- Coaches must sign the official USA Gymnastics sign in sheet, inside the gym.
- Coaches not in Meet Reservations and without verifiable Pro member status will pay admission and be allowed in the spectator areas only.

Rotation Sheets will be posted at rotationsheets.com the week before the event. Parents & spectators, please take a screenshot of the rotation sheet with your phone. A rotation sheet will be available for coaches to screenshot at the music table each session.

Coaches Meeting

- A coaches information sheet will be emailed to clubs prior to the event. Please share with ALL attending coaches.
- No on-site coaches meeting. Coaches are to notify the Floor Manager of scratches at the beginning of each session.
- **Athlete cards will be distributed. Coaches choose competitive order. Submit cards to judges in order at each event.**
- After the competition, athletes can record scores on their cards as a memento of their meet (use marker).

Awards Ceremonies— for individual and team take place immediately following the end of every session.

- Athletes are divided by birth dates into multiple small awards groups each session.
- Individual (50% + 1) and All Around (100%) awarded.
- Team (top 5) awarded each session. Top three scores on each event count toward team total.

Hospitality— Coaches will be provided with meals at applicable times. Meal schedule will be posted.

Spectator Admissions— Cash price: Adults (12 +) \$20.00. Senior/Active military (I.D.) \$15.00. Children \$10.00 (under 4 yrs free). *Length of Event:* \$30/\$25/\$15. **Credit card price:** Adults (12 +) \$23.00. Senior/Active military (I.D.) \$18.00. Children \$13.00 (under 4 yrs free). *Length of Event:* \$33/\$28/\$18

Coral Springs Gymnasium: The temperature inside the venue is chilly and beyond our control. Please come prepared.

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you a fun and exciting competition experience and the very best of luck this season!

Sincerely,

Shane Cummings
Meet Director
info@usacompetitions.com

Sharyn Strickland
Director of Operations
877.341.9007

Taylor Aucoin
Asst. Event Coordinator

Gary Anderson
Floor Manager

For event info and results, visit us on the web
USACompetitions.com



Sun & Surf Spectacular Schedule

Saturday, February 1, 2025

<u>Session One</u> XCEL GOLD Stretch/Warmup: 8:00am	<u>Session Two</u> Levels 4/5/XG Stretch/Warmup: 10:45am		<u>Session Three</u> Level 6 Stretch/Warmup: 1:00pm
LGA Team Twisters UGA PSL	<u>Level 4</u> Diamond Gym Academy Gym World Naples JLF Elite Gymnastics World Class Miami	<u>Xcel Gold</u> JLF Elite Gymnastics Ultimate Gym PA World Class Miami ZGA	Club Gym-Fly Diamond Gym Academy FGTC Gym World Naples LGA Team Twisters UGA PSL Ultimate Gym PA WGV Gymnastics World Class Miami
	<u>Level 5</u> Diamond Gym Academy JLF Elite Gymnastics ZGA		

<u>Session Four</u> Levels 7/XP/XD Stretch/Warmup: 3:45pm		<u>Session Five</u> Levels 8/9/10 Stretch/Warmup: 6:45pm	
<u>Level 7</u> Arlington Aerials Club Gym-Fly Diamond Gym Academy FGTC Gym World Naples JLF Elite Gymnastics LGA Team Twisters UGA PSL WGV Gymnastics	<u>Xcel Platinum</u> UGA PSL Ultimate Gym PA World Class Miami ZGA	<u>Level 8</u> Arlington Aerials FGTC JLF Elite Gymnastics Team Twisters UGA PSL Ultimate Gym PA WGV Gymnastics	<u>Level 9</u> Arlington Aerials Club Gym-Fly JLF Elite Gymnastics LGA Team Twisters Ultimate Gym PA WGV Gymnastics
	<u>Xcel Diamond</u> FGTC Ultimate Gym PA		<u>Level 10</u> LGA Ultimate Gym PA WGV Gymnastics

Clubs in GREEN are competing for Individual & Team awards

Clubs in black are competing for Individual awards only

Questions? Email us ASAP at info@usacompetitions.com



For event info and results, visit us on the web

www.USACompetitions.com



Sun & Surf Spectacular Schedule

Sunday, February 2, 2025

<u>Session Six</u> Levels 1/2/XB Stretch/Warmup: 8:00am	<u>Session Seven</u> Levels 3/XS Stretch/Warmup: 11:15am	<u>Session Eight</u> XCEL Silver Stretch/Warmup: 1:45pm
<u>Level 1</u> Diamond Gym Academy <u>Level 2</u> Diamond Gym Academy Gym World Naples	<u>Level 3</u> Club Gym-Fly Diamond Gym Academy Gym World Naples	FGTC Gym World Naples Team Twisters
<u>Xcel Bronze</u> FGTC JLF Elite Gymnastics LGA Team Twisters UGA PSL	<u>Xcel Silver</u> JLF Elite Gymnastics LGA UGA PSL World Class Miami ZGA	

Clubs in GREEN are competing for Individual & Team awards

Clubs in black are competing for Individual awards only

Questions? Email us ASAP at info@usacompetitions.com



For event info and results, visit us on the web

www.USACompetitions.com



**Meet Site: Coral Springs Gymnasium
2501 Coral Springs Drive
Coral Springs, FL 33065**

Ph: 954.345.2201 or 954.345.2107

Directions from I-95:

Take I-95 to Copans Road. Exit west on Copans (which becomes Royal Palm Blvd in Coral Springs) and continue to Coral Springs Drive. Turn right (head north) on Coral Springs Drive. The Coral Springs Gymnasium is on the right (east) side of the road.

Directions from Florida Turnpike:

Take the Turnpike to Sample Road. Exit west on Sample Road and continue to Coral Springs Drive. Turn left at Coral Springs Drive (head south) and travel approximately 1/2 mile. The Coral Springs Gymnasium is on the left (east) side of the road.

Directions from Sawgrass Expressway:

Take the Sawgrass Expressway to Sample Road. Exit east on Sample Road and continue to Coral Springs Drive. Turn right at Coral Springs Drive (head south) and travel approximately 1/2 mile. The Coral Springs Gymnasium is on the left (east) side of the road.

Parking is complimentary

The temperature inside the venue is chilly and beyond our control. Please come prepared.

Group Hotel: Fort Lauderdale Marriott Coral Springs

Group Rate: \$209 + tax
Distance from Venue: 5 miles
Parking: Complimentary
Reservation Deadline: January 13, 2025

[Reservations Link](#)



For event info and results, visit us on the web
www.USACompetitions.com

Spectator Admissions

Cash price

\$20 / Adult (12 + up)
\$15 / Senior & Active Military (I.D.)
\$10 / Child
Length of Event \$30/\$25/\$15

Credit card price

\$23 / Adult (12 + up)
\$18 / Senior & Active Military (I.D.)
\$13 / Child
(under 4yrs. free)
Length of Event \$33/\$28/\$18

Many thanks to our sponsors:



Thank you to Visit Lauderdale for sponsoring this event! Head to the [Visit Lauderdale website](#) to learn about all things Greater Fort Lauderdale. Don't forget to tag #VisitLauderdale in your pictures from the competition or from around town!