



January 17th posting



March 14-16, 2025

**Coral Springs Gym, 2501 Coral Springs Dr., Coral Springs, FL 33065**

Welcome! USA Competitions is proud to host the annual Florida Crown Championship Invitational. **Please share this information with all attending coaches.** The following items are included:

1. General Event Information
2. Competition Schedule
3. Event Venue & Host Hotel Info

#### Rosters

- Posted on the [FL Crown](#) website (alphabetically) and updated weekly.
- **Coaches, check that all athlete information is correct on your roster and session assignments listed on the roster agree with session information listed in this packet.**
- If a discrepancy is noticed, email [info@usacompetitions.com](mailto:info@usacompetitions.com) immediately (*errors can easily be corrected*).
- Your club roster will always be considered the official session assignment document.

#### Athlete & Coach Registration

- Athletes check in and receive a gift at the registration desk prior to entering the competition arena.
- **Sessions can begin up to 30 minutes early (except 8:00am session). Arrive a minimum of 30 minutes prior to stretch!**
- Coaches must sign the official USA Gymnastics sign in sheet, inside the gym.
- Coaches not in Meet Reservations and without verifiable Pro member status will pay admission and be allowed in the spectator areas only.

**Rotation Sheets** will be posted at [rotationsheets.com](http://rotationsheets.com) the week before the event. Parents & spectators, take a screenshot of the rotation sheet with your phone. A rotation sheet will be available for coaches to take a snapshot at the floor music table each session.

#### Coaches Meeting

- A coaches information sheet will be emailed to clubs prior to the event. Please share with ALL attending coaches.
- No on-site coaches meeting. Coaches are to notify the Floor Manager of scratches at the beginning of each session.
- **Athlete cards will be distributed. Coaches choose competitive order. Submit cards to judges in order at each event.**
- After the competition, athletes can record scores on their cards as a memento of their meet (use marker).

**Awards Ceremonies— for individual and team** take place immediately following the end of every session.

- Athletes are divided by birth dates into multiple small awards groups each session.
- Individual (50% + 1) and All Around (100%) awarded.
- Team awarded each session. Top three scores on each event count toward team total.

**Hospitality—** Coaches will be provided with complimentary meals at posted times.

**Spectator Admissions— Cash price:** Adults (12 +) \$20.00. Senior/Active military (I.D.) \$15.00. Children \$10.00 (under 4 yrs free). *Length of Event:* \$30/\$25/\$15. **Credit card price:** Adults (12 +) \$23.00. Senior/Active military (I.D.) \$18.00. Children \$13.00 (under 4 yrs free). *Length of Event:* \$33/\$28/\$18.

**The temperature inside the venue is chilly and beyond our control. Please come prepared.**

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you a fun and exciting competition experience!

Sincerely,

Shane Cummings  
Meet Director  
[info@usacompetitions.com](mailto:info@usacompetitions.com)

Sharyn Strickland  
Director of Operations  
877-341-9007

Taylor Aucoin  
Asst. Event Coordinator

Gary Anderson  
Floor Manager



For event info and results, visit us on the web at [usacompetitions.com](http://usacompetitions.com)



# Florida Crown Championship Schedule

## Friday, March 14, 2025

<b>Session FR1</b> <b>XCEL BRONZE</b> Stretch/warmup: 8:00am	<b>Session FR2</b> <b>XCEL SILVER</b> Stretch/warmup: 10:30am	<b>Session FR3</b> <b>LEVELS 4/7</b> Stretch/warmup: 1:00pm	
<p>360 Gymnastics FL</p> <p>EVO Gymnastics</p> <p>FGTC</p> <p>Gravity Gymnastics</p>	<p>360 Gymnastics FL</p> <p>EVO Gymnastics</p> <p>FGTC</p> <p>Gravity Gymnastics</p> <p>Nova Gymnastics FL</p> <p>ZGA</p>	<p><u>Level 4</u></p> <p>Gym World Naples</p> <p>Palm Beach Gym</p> <p>Rock Solid Athletics</p>	<p><u>Level 7</u></p> <p>Balance 180</p> <p>Christi's Gymnastics</p> <p>FGTC</p> <p>Flip Zone SWFL</p> <p>Gym World Naples</p> <p>Legacy Gym Center</p> <p>Maximum Velocity</p> <p>Nova Gymnastics FL</p> <p>Palm Beach Gym</p> <p>Team Twisters</p> <p>Tumblebees Jupiter</p> <p>UGA PSL</p> <p>Victory Elite</p>

<b>Session FR4</b> <b>LEVEL 6</b> Stretch/warmup: 4:00pm	<b>Session FR5</b> <b>LEVELS 6/8/9/10/XD/XSA</b> Stretch/warmup: 7:00pm		
<p>360 Gymnastics FL</p> <p>Balance 180</p> <p>EVO Gymnastics</p> <p>Gym World Naples</p> <p>Legacy Gym Center</p> <p>Maximum Velocity</p> <p>Nova Gymnastics FL</p> <p>Team Twisters</p> <p>Victory Elite</p>	<p><u>Level 6</u></p> <p>Christi's Gymnastics</p> <p>FGTC</p> <p>Flip Zone SWFL</p> <p>Palm Beach Gym</p> <p>Tumblebees Jupiter</p> <p>UGA PSL</p> <p>ZGA</p> <p><u>Level 10</u></p> <p>Nova Gymnastics FL</p> <p>Palm Beach Gym</p>	<p><u>Level 8</u></p> <p>360 Gymnastics</p> <p>EVO Gymnastics</p> <p>FGTC</p> <p>Flip Zone SWFL</p> <p>Gym World Naples</p> <p>Rock Solid Athletics</p> <p>UGA PSL</p> <p><u>XCEL DIAMOND</u></p> <p>Christi's Gymnastics</p> <p>FGTC</p> <p>TNT Gymnastics</p> <p>WGV Gymnastics</p>	<p><u>Level 9</u></p> <p>Christi's Gymnastics</p> <p>Nova Gymnastics FL</p> <p>Rock Solid Athletics</p> <p><u>XCEL SAPPHIRE</u></p> <p>WGV Gymnastics</p>

**Clubs in PINK are competing for Individual & Team awards**

*Clubs in black are competing for Individual awards only*

Questions? Email us ASAP at [info@usacompetitions.com](mailto:info@usacompetitions.com)



# Florida Crown Championship Schedule

## Saturday, March 15, 2025

<b>Session SA1</b> <b>XCEL BRONZE</b> <b>Stretch/warmup: 8:00am</b>	<b>Session SA2</b> <b>XCEL SILVER</b> <b>Stretch/warmup: 10:15am</b>
<b>EGA FL</b> <b>Gym Like This</b> <b>Hollywood YMCA</b> <b>*Team Twisters (24)</b> <b>Tumblebees Jupiter</b>	<b>*Flip Zone SWFL (16)</b> <b>Gym World Naples</b> <b>Hollywood YMCA</b> <b>Team Twisters</b> <b>WGV Gymnastics</b>

<b>Session SA3</b> <b>XCEL SILVER</b> <b>Stretch/warmup: 1:00pm</b>	<b>Session SA4</b> <b>XCEL GOLD</b> <b>Stretch/warmup: 3:30pm</b>	<b>Session SA5</b> <b>XCEL PLATINUM</b> <b>Stretch/warmup: 7:00pm</b>
<b>Christi's Gymnastics</b> <b>EGA FL</b> <b>*Flip Zone SWFL (16)</b> <b>Gymnastics USA</b> <b>Sunny Gymnastics</b> <b>TNT Gymnastics</b> <b>Tumblebees Jupiter</b>	<b>360 Gymnastics</b> <b>EVO Gymnastics</b> <b>Flip Zone SWFL</b> <b>Gymnastics USA</b> <b>Legacy Gym Center</b> <b>TNT Gymnastics</b> <b>Tumblebees Jupiter</b> <b>WGV Gymnastics</b>	<b>Christi's Gymnastics</b> <b>EGA FL</b> <b>Flip Zone SWFL</b> <b>Gravity Gymnastics</b> <b>Gymnastics USA</b> <b>Hollywood YMCA</b> <b>Legacy Gym Center</b> <b>Nova Gymnastics FL</b> <b>Rock Solid Athletics</b> <b>Sunny Gymnastics</b> <b>TNT Gymnastics</b> <b>Tumblebees C. Gables</b> <b>Tumblebees Jupiter</b> <b>UGA PSL</b> <b>WGV Gymnastics</b> <b>ZGA</b>

**\*Teams with athletes of the same level that are split into multiple sessions\***

Your designated number of athlete spots per session is indicated in ( )

Email [info@usacompetitions.com](mailto:info@usacompetitions.com) with your choice of specific athlete names for each session

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# Florida Crown Championship Schedule

## Sunday, March 16, 2025

<u>Session SU1</u> XCEL BRONZE Stretch/warmup: 8:00am	<u>Session SU2</u> LEVELS 1/2/XB Stretch/warmup: 10:15am	<u>Session SU3</u> LEVELS 3/XS Stretch/warmup: 1:00pm
<p><b>Gym Like This</b></p> <p><b>Gymnastics USA</b></p> <p><b>Nova Gymnastics FL</b></p> <p><b>*Team Twisters (23)</b></p> <p><b>Tumblebees C. Gables</b></p>	<p><u>Level 1</u></p> <p><b>Palm Beach Gym</b></p> <p><b>Victory Elite</b></p>	<p><u>Level 3</u></p> <p><b>Gym Like This</b></p> <p><b>Gym World Naples</b></p> <p><b>Palm Beach Gym</b></p> <p><b>Rock Solid Athletics</b></p> <p><b>Victory Elite</b></p>
	<p><u>Level 2</u></p> <p><b>Gym Like This</b></p> <p><b>Gym World Naples</b></p> <p><b>Palm Beach Gym</b></p> <p><b>Pulso Gimnasia</b></p> <p><b>Rock Solid Athletics</b></p>	
	<p><u>XCEL BRONZE</u></p> <p><b>Christi's Gymnastics</b></p> <p><b>Sunny Gymnastics</b></p> <p><b>UGA PSL</b></p>	

<u>Session SU4</u> XCEL GOLD Stretch/warmup: 3:30pm	<u>Session SU5</u> XCEL GOLD Stretch/warmup: 6:45pm
<p><b>Christi's Gymnastics</b></p> <p><b>Gymnastics Du Sol</b></p> <p><b>*Hollywood YMCA (4)</b></p> <p><b>Nova Gymnastics FL</b></p> <p><b>Sunny Gymnastics</b></p> <p><b>*Team Twisters (21)</b></p> <p><b>Tumblebees C. Gables</b></p> <p><b>UGA PSL</b></p> <p><b>Victory Elite</b></p>	<p><b>Balance 180</b></p> <p><b>EGA FL</b></p> <p><b>Gravity Gymnastics</b></p> <p><b>*Hollywood YMCA (5)</b></p> <p><b>Park Avenue</b></p> <p><b>*Team Twisters (21)</b></p> <p><b>ZGA</b></p>

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Meet Site: Coral Springs Gymnasium, 2501 Coral Springs Drive, Coral Springs, FL 33065  
 Ph: 954.345.2201 or 954.345.2107

Parking is complimentary

The temperature inside the venue is chilly and beyond our control. Please come prepared

**Group Hotel:** Fort Lauderdale Marriott Coral Springs

**Group Rate:** \$189.00 + tax

**Distance from Venue:** 5 miles

**Parking:** Complimentary

**Reservation Deadline:** February 19, 2025

[Reservations Link](#)

ADMISSION		
DAILY RATE	CASH	CREDIT
Adult (12+)	\$20	\$23
Senior & Active Military (I.D.)	\$15	\$18
Child (4-11)	\$10	\$13
<i>Children Under 4 yrs. Free</i>		
LENGTH OF EVENT	CASH	CREDIT
Adult (12+)	\$30	\$33
Senior & Active Military (I.D.)	\$25	\$28
Child (4-11)	\$15	\$18



For complete meet results, visit us on the web  
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Many thanks to our sponsors



Thank you to Visit Lauderdale for sponsoring this event! Head to the [Visit Lauderdale website](#) to learn about all things Greater Fort Lauderdale. Don't forget to tag #VisitLauderdale in your pictures from the competition or from around town!