



2025 USAG Florida Men's State Championships

March 7-9, 2025

Estero Recreation Center

Estero, FL

[CLICK HERE FOR THE COMPETITION WEBSITE](#)

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Meet Host:	Twister Gymnastics/USA Competitions
Meet Director:	Shane Cummings (Shane@USACompetitions.com)
Event Website:	CLICK HERE
Event Location:	Estero Recreation Center 9200 Corkscrew Palms Blvd Estero, FL 33928
Host Hotels:	Listed on Competition Website Hotels in the area are in high demand during this time of year – book early!
Entry Fees:	Junior Developmental and Club - \$135.00 per Athlete Junior Elite - \$160.00 per Athlete Team Entry - \$70.00 per Team (separate team awards for Div 1 and Div 2)
Entry Deadline:	February 1, 2025
Admission Fees:	Adults (Ages 12+): \$25.00 per Day; \$35.00 Length of Event Children (Ages 4-11): \$15.00 per Day; \$20.00 Length of Event <i>Cash or Credit Cards Accepted; Credit Cards \$1 More</i>
Team Competition:	Teams will be divided into groups based on number of entries. Separate Team Competition will be held for each Division in the Compulsory Levels. JE and JN athletes will be combined in the Optional Levels.
Individual Awards:	At the conclusion of each session. Athletes will be divided by birth date within each USAG age group.

IMPORTANT DATE – FEBRUARY 1, 2025

The following items are due NO LATER THAN February 1, 2025:

- USA Gymnastics Roster
 - All athlete data at USA Gymnastics must be finalized. Spelling of the athlete names, birth dates, and Levels/Divisions.
 - No changes to Athlete Levels and/or Divisions will be allowed after this date.
 - **The data you enter at USA Gymnastics will determine the State and Region 8 allotment numbers for Regionals and Nationals.** If you have an athlete that will be unable to attend State Championships and he is not included in your Meet Reservation, please contact Greg Weller (gregweller301@gmail.com) no later than February 1, 2025. If an athlete is left off your roster he will not be able to participate at the Regional or National level. **There will be no changes to Athlete Levels or Divisions after February 1, 2025.**
- Meet Reservation on USA Gymnastics for the Florida Men's State Championships
 - Complete your USA Gymnastics Meet Reservation for the Florida Men's State Championships with all attending athletes and coaches.
- Payment to USA Competitions
 - Submit payment via the USA Competitions website or mail a check (see options below).
- Graduating Senior Form & Photos
 - More information coming soon!
- Karl Bishop Scholarship Application
 - Submit application for the Karl Bishop Scholarship to Karl Bishop (karl@tumbles2flip.com).

HOW TO PAY FOR YOUR STATE MEET ENTRY

Three options to pay for the State Meet. **Entry Deadline is February 1, 2025.**
Entries MUST be received by this date.

- 1) Pay via ACH/e-check on the USA Competitions website with no fees. You can Sync your Meet Reservation with your entry to make it quick and easy.
- 2) Pay via credit card on the USA Competitions website with a 3.5% service fee. You can Sync your Meet Reservation with your entry to make it quick and easy.
- 3) Mail a check to USA Competitions.
 - a. Add a \$35 check processing fee to your check amount.
 - b. Make sure your entry amount matches your Meet Reservation.
 - c. Include a copy of your Meet Reservation with the check.

[Click here to view more information on registering via the USA Competitions website via ACH/e-check or credit card. Also view the Registration FAQ.](#)

If mailing a check, please mail to:

USA Competitions

3100 NW Boca Raton Blvd #217

Boca Raton, FL 33431

Please obtain a tracking number when mailing!

TENTATIVE SCHEDULE

The final schedule cannot be set until all entries are received.

Your patience is appreciated. As updated information becomes available, we will post it and notify the Florida USAG members about the updated information.

This *TENTATIVE* schedule is based on projected entries and is subject to change. The Final Schedule will be completed, posted on the event website, and sent out to all members by February 10, 2025.

Friday, March 7, 2025

- Morning: Tech Sequences
- Afternoon: Level 4 & Club
- Evening: Level 5 & Club

Saturday, March 8, 2025

- Morning: Levels 6 & 7
- Afternoon: Level 10
- Evening: Levels 8 & 9

Sunday, March 9, 2025

- Morning/Afternoon: Level 3



PETITION FORM

This form is to be completed by the coach and gymnast. Refer to the Men's Rules & Polices, or applicable selection procedures document for petition guidelines.

Send completed form and support documentation to:

Senior Events: Vice President of Men's Program
USA Gymnastics
1099 N. Meridian St., Suite 800
Indianapolis, IN 46204

Junior Region & National Events: Respective Regional Chairperson

Junior Local & State Events: Respective State Chairperson

Name of Event Being Petitioned To: _____

	Elite	Level 10	Level 9	Level 8	Level 7	Level 6	Level 5	Level 4
Check Level								
Enter Age								
Enter JN or JE								

Date of Birth: _____ Club/Program: _____

Gymnast's Name: _____ Athlete #: _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Phone: _____ Home Phone: _____

Coach's Name _____ Pro #: _____

Club Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Work Phone: _____ Cell Phone: _____ Home Phone: _____

Reason for Petition:

Gymnast's Signature: _____ Date: _____

Coach's Signature: _____ Date: _____

Note: Petition Form must be fully completed and include coach's statement, physician's statement, score sheets, etc., or petition will not be considered.

2025 Karl Bishop Scholarship

“If I have seen further, it is by standing on the shoulders of giants.” Sir Isaac Newton

Who is Karl Bishop?



In 2016 the Karl Bishop Scholarship Fund was established by Lightning City Gymnastics to recognize Karl Bishop's commitment and contributions to the sport of Men's Artistic Gymnastics.

Karl attended Florida State University, where he started gymnastics and became a member of the FSU Men's Gymnastics Team. He went on to become Co-Captain of the Men's Team. He started the Boys' Program at LaFleur's Gymnastics in Largo, Florida in 1982 and moved to the Apollo School of Gymnastics in 1987 where he started a boys' program and

eventually purchased the school from Gene Stowe in 1990.

After selling Apollo in 2008, Karl and his wife, Angie, continued to teach gymnastics in the Tampa Bay area with Tumbles Mobile Gymnastics.

Karl is a National Card holder in the Men's Program and was an FIG Brevet Judge for 20 years. He was a Safety Certifier and Trainer for USA Gymnastics for over 20 years. During competition season, Karl stays involved with the competitive world by running competitions through his company MeetMagic.net.

By standing on the shoulders of the many who have helped him along the way, Karl and Lightning City are doing what they can to lift others up and pay it forward.

Athlete Qualifications

If the Applicant will be attending college on an athletic scholarship, verify with your college adviser if you will eligible to receive this scholarship should it be awarded, before you apply. NCAA guidelines state that the receipt of gifts or other benefits because of your athletics ability or reputation may cause an athlete to lose eligibility.

To be eligible for this scholarship an applicant must:

- Have a minimum GPA of 3.0 on a 4.0 scale (unofficial transcript acceptable)
- Be a Florida competitive gymnast in the USA Gymnastics Men's Program during his senior year of High School.
- Be attending college in the 2025-2026 school year
- Submit a 300-500 word essay describing the role of gymnastics in his life and your family's life.

If an injury prevented the applicant from participation during their Senior year in High School, please have his coach submit a verification of injury with his application.

Application Deadline

- **The deadline for submitting Applications for the 2025 Scholarships is February 1, 2025.**

Scholarship Information

The minimum Scholarship amount is \$500.00 and will be presented to the recipients at the Florida USA Gymnastics State Championships.

Scholarship Funding

This scholarship is endowed through a fund established by Lightning City Gymnastics.

Scan and email the completed Application to karl@tumbles2flip.com. Or, the completed Application can be mailed to:

Karl Bishop Scholarship Fund
4711 Wolfram Lane
New Port Richey, Florida 34653

2025 Karl Bishop Scholarship

Application Deadline February 1, 2025

Once entrance to the College or University is confirmed by the Office of Admissions, the funds awarded to the Recipients will be distributed directly to the Institution that he will be attending in the Summer or Fall of 2025. In the event that the Recipient is undecided, the funds will not be distributed until entrance to the Institution has been confirmed by the Office of Admissions.

Applicant Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____

e-mail Address: _____

Gymnastics Club Affiliation: _____

Highest Level of Competition: _____ Number of Years in Gymnastics: _____

Florida Resident: _____ YES _____ NO

GPA: Weighted: _____ Unweighted: _____

Name of High School: _____

Address of High School: _____

City: _____ State: _____ Zip: _____

Telephone: _____

Guidance Counselor Name: _____

Direct Telephone Number: _____

College Attending in 2025: _____

Athletic Scholarship?: _____ YES _____ NO Academic Scholarship?: _____ YES _____ NO

Scan and email the completed Application to karl@tumbles2flip.com. Or, the completed Application can be mailed to:

Karl Bishop Scholarship Fund
4711 Wolfram Lane
New Port Richey, Florida 34653